



## **BEFORE A SEDATION APPOINTMENT**

1. Your child may not have anything to eat after \_\_\_\_\_am/pm. Clear liquids (water, apple juice) may be given until \_\_\_\_\_ am/pm. After that time **NOTHING** may be taken by your child except necessary medications with a small amount of water. **IF THESE INSTRUCTIONS ARE NOT FOLLOWED, YOUR CHILD'S SAFETY WILL BE COMPROMISED AND DENTAL TREATMENT CAN NOT BE PERFORMED.**
2. Watch for cold symptoms, breathing difficulties and/or fever. Please notify our office if any of these develop. We may elect to reschedule the appointment.
3. The dentist will check the lungs for congestion prior to administering any medications. After the doctor administers the medication there will be a waiting period of one hour for the medicine to take effect. As the medicine takes effect your child will become dizzy and unable to walk. We ask that you stay with the child and try to keep him/her as still as possible. If the child has a favorite pillow, blanket or movie (anything that makes them feel secure), please feel free to bring it along.
4. Please do not bring other children with you to the appointment. Your child is going to need your complete attention at this visit. Too many people will over-stimulate the patient which interferes with the sedation being successful. For this reason, we only allow one parent in the sedation/treatment area at a time.
5. After treatment has been completed, we will monitor your child's recovery from the anesthesia. We will release your child when he/she has recovered sufficiently; this may take 20 minutes or longer.
6. The patient **SHOULD NOT** be taken to school or daycare on the day of the procedure.